

SEPTEMBER LUNCH MENU

Key:
Bold Items include a recipe
*Applies to 9-12 menus only

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p><u>3</u></p> <p>Cheesy Chicken Quesadilla Salsa/Sour Cream Rice & Refried Beans Mixed Veggies Diced Pears & Peaches</p>	<p><u>4</u></p> <p>Popcorn Chicken Bowl Mashed Potatoes and Gravy Corn and /or Baby Carrots WG Graham Crackers Applesauce</p>	<p><u>5</u></p> <p>Mini Corn Dogs w/ Dipping Sauces Tator Tots Green Beans Mixed Berries w/whipped cream WG Treat</p>	<p><u>6</u></p> <p>BBQ Pulled Pork Sandwich Harvest Cheddar Sun Chips Pasta Salad Fresh Veggies and Dip Fresh Fruit Choices</p>
<p><u>9</u></p> <p>Build Your Own Cheeseburger Fresh Toppings French Fries Baked Beans Applesauce & Mixed Fruit</p>	<p><u>10</u></p> <p>Soft Shell Beef Taco Salsa/Sour Cream Rice & Refried Beans Mixed Veggies Diced Pears & Peaches</p>	<p><u>11</u></p> <p>Baked Pasta w/ Meat Sauce Garlic Toast Green Beans and/or Carrots Sliced Apples w/ cinnamon Fruit Cocktail</p>	<p><u>12</u></p> <p>Cheese Pizza Slice Steamed Broccoli Steamed Cauliflower Strawberry Cup Peaches</p>	<p><u>13</u></p> <p>Hot Ham and Cheese Sandwich Harvest Cheddar Sun Chips Creamy Coleslaw Carrots and Dip Fresh Fruit Choices</p>
<p><u>16</u></p> <p>Orange Chicken Brown Rice Stirfry Veggies Pineapple /Mandarin Oranges Fortune Cookie</p>	<p><u>17</u></p> <p>Beef Nacho Bar Salsa/Sour Cream Rice & Refried Beans Mixed Veggies Diced Pears & Peaches</p>	<p><u>18</u></p> <p>Chicken Nuggets Mashed Potatoes & Gravy Corn Sliced Apples w/ cinnamon Fruit Cocktail</p>	<p><u>19</u></p> <p>Pizza Dippers W/ Marinara Sweet Peas Honey Dilled Carrots Mixed Melons Grapes</p>	<p><u>20</u></p> <p>Chili Cheese Dog Baked Beans Carrot Sticks and Dip Applesauce Tropical Fruit Mix</p>
<p><u>23</u></p> <p>Meatball Sub Tator Tots Creamy Coleslaw Fresh Veggies and Dip Fresh Fruit Choices</p>	<p><u>24</u></p> <p>Soft Shell Beef Taco Salsa/Sour Cream Rice & Refried Beans Mixed Veggies Diced Pears & Peaches</p>	<p><u>25</u></p> <p>Chicken and Waffles Potato Wedges Baby Carrots Blueberries Kiwi</p>	<p><u>26</u></p> <p>Cheesy Ham & Potato Casserole Dinner Roll Green Beans Sliced Carrots Pineapple & Applesauce</p>	<p><u>27</u></p> <p>Deli Turkey Sandwich Baked Chips Sugar Snap Peas Chocolate Chip Cookie Fruit Cup</p>
<p><u>30</u></p> <p>Breaded Chicken Sandwich Sweet Potato Fries Green Beans Coleslaw Peaches & Mixed Berries</p>	<p>PB&J OFFERED AS A 2ND OPTION.</p> <p><i>Fresh Fruit and Veggies offered Daily!</i></p>			 <p><u>Please don't forget to keep your accounts current!</u></p>